

URGENT CARE CENTER OR ER?

When you are sick or hurt, deciding where to go for care isn't always easy.

Your throat hurts and you can't swallow. Your child won't stop crying because he has an earache.

You fall and twist your ankle. Should you go to the emergency room? **The ER might not be the best choice.**

If it's not a true emergency the cost of an ER visit will be high and you might need to pay much more. Plus, at the ER, true emergencies are treated first and other cases must wait - sometimes for hours.

An Urgent Care Center is a money-saving alternative to emergency room delays and costs.

When your doctor is not available, try an in-network Urgent Care Center instead of the ER.

Urgent Care Centers treat conditions such as:

- Asthma and/or allergies
- Back Pain
- Colds and Flu
- Earaches
- Headaches or migraines
- Minor burns
- Nausea and vomiting
- Small cuts or wounds
- Sprains or dislocations
- Stomach pain and diarrhea
- Urinary tract infections
- And much more.

Emergency Rooms treat conditions such as, but not limited to:

- Chest pain
- Vomiting blood
- Difficulty breathing or shortness of breath
- Heavy bleeding
- Seizures
- Severe burns
- Severe head injuries
- Sudden blurred vision
- Sudden dizziness, loss of balance or coordination
- Numbness or weakness in the face, arms or legs



If an illness/injury could seriously jeopardize your life or health, go to an emergency room as soon as possible or call 911 for immediate assistance.